

# **Fort Sutter Surgery Center**

*A Sutter Health Affiliate*

## **YOUR SPINAL INJECTION PROCEDURE INSTRUCTIONS AT THE FORT SUTTER SURGERY CENTER**

You have been scheduled for an injection with Dr. Reddy. It is necessary that you discontinue aspirin products for one full week prior to your injection. It is also necessary to discontinue any blood thinning medications for the amount of time noted on the SPINAL INJECTION MEDICATION GUIDELINES FORM. We request that you discuss this with your prescribing physician. In addition, you must discontinue any anti-inflammatory medications for a full 3 days before the procedure.

### **YOU MUST HAVE A RIDE HOME.**

This is a mandatory rule set by the surgery center. If you are unable to comply with this plan, we will have to reschedule your procedure.

### **YOU CANNOT EAT OR DRINK AFTER MIDNIGHT.**

You may have clear liquids up to 4 hours before the procedure.

**OUR OFFICE PHONE NUMBER: 916-419-9900**

**PLEASE CALL US IF YOU HAVE AN ALLERGY TO IODINE.  
PLEASE CALL US IF YOU ARE TAKING ANTIBIOTICS FOR AN INFECTION.  
PLEASE CALL US IF THERE IS ANY CHANCE YOU MAY BE PREGNANT.**

### **PROCEDURE LOCATION:**

**FORT SUTTER SURGERY CENTER  
2801 K STREET, SUITE 525 SACRAMENTO, CA 95816  
916-733-5017**

**PROCEDURE DATE:** \_\_\_\_\_

**ARRIVAL TIME:** \_\_\_\_\_

### **PROCEDURE FOLLOW UP APPOINTMENT:**

\_\_\_\_\_ @ \_\_\_\_\_

**Follow will be at the Spine and Nerve Diagnostic Center**